

CONNECTIVE COMMUNICATION

Courses, Programs and Trainings



www.ConnectiveCommunication.org
info@connectivecommunication.org

COMMUNICATION TOOLS
CREATIVE FIELDS
TRUST PATHWAYS



UPLIFT - ENLIVEN - INSPIRE

What We Do

Just like the forest, we believe a company is a living ecosystem that requires connection and nutrients in order to be healthy and reaching its full potential.

Connective Communication brings tailor made courses, programs and training to *uplift*, *enliven* and *inspire* better communication and connection within your organisation and staff, so that you may function not just as individual branches but as an entire regenerating system.



We emphasize on bringing teams together to experience deep, meaningful connection that supports the work environment and relations.

Our aim is to bring individuals within your company to new levels of self awareness, heightening listening and conflict skills; so that the work environment can be a place of value, connection and respect. We have seen that this ultimately brings amazing working results both within creating vibrant working conditions and progress in the work sphere.



Conflict Solving
Communication Tools
Authentic Relating



Team Bonding
Creative Fields
and Trust Pathways



One on One
Personal Development

UPLIFT – ENLIVEN – INSPIRE

We believe that as humans we have the right to feel connected, secure and to be able to contribute to our working arenas with confidence. We believe that an workplaces can be spaces that uplift, enliven and inspire individuals and groups. Working together to create atmospheres where connection, fun and authenticity, touch upon contributing to society. This creates value in the workplace and gives meaning and purpose in peoples lives. As humans we all have relatable challenges, struggles and vulnerabilities in life and by creating a trusting, fun and helping workspace together, individuals can find balance to be part of teams that are bonded, balanced and inspire each other.



Communication Tools

Teaching the different layers of communication through Authentic Relating Practices.

Working on generating empathy, deep listening skills and curiosity within group dynamics. Learning to verbalize assumptions and judgement through fun and uplifting games



Creative Fields

Using creative practices such as painting, portraiture, improvisation theater and contact dance, we integrate biographical storytelling with personal development together in groups



Trust Pathways

Bringing games that provoke insecurity, vulnerability and fear to build confidence, self-esteem and being seen as part of a group through methods such as eye gazing, tai chi challenges, blind folded falling, and endurance games

COMMUNICATION TOOLS

*Transformation Growth &
Authentic Relating*



All of our training and courses are designed to bring your teams into practicing verbal communication through different exercises and games. We teach the art of slowing down and noticing what is present in the current moment. You will learn about the different types of communication and listening, in order to start recognizing which types are being used and how to steer communication towards solving issues and transforming conflict into connection.

Our main training is based on the following 5 Authentic Relating Principles:

- ✧ WELCOME EVERYTHING
- ✧ ASSUME NOTHING
- ✧ REVEAL YOUR EXPERIENCE
- ✧ OWN YOUR EXPERIENCE
- ✧ HONOR SELF / HONOR OTHER

CORE LEARNING



STAYING IN
ALIGNMENT



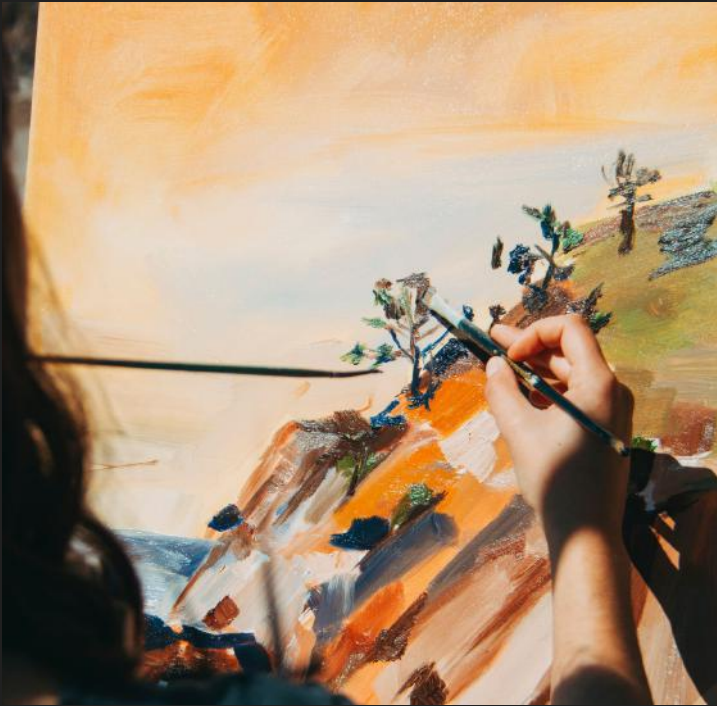
THE ART OF
LISTENING &
REFLECTION



EMOTIONAL
ALCHEMY &
AIKIDO



REGULATORY
POWER
TOOLS



CREATIVE FIELDS

*Inspired Flow
&
Meaningful Practices*

CORE LEARNING



LEARN CREATIVE
SKILLS



TURN INTERNAL
CONTENT INTO
CREATIVE CONTENT



ENTER FLOW
STATES



UNDERSTAND
DIFFERENT
PERSPECTIVES

Bring new energy into your group by taking a journey in the realm of the arts. Delve you and your team into life drawing classes. Ignite your creativity in writing workshops. Date yourself via self-portrait painting, get silly in comedic theater or find connection via contact dance. We have the most inspiring courses set to kindle new passions, new found admiration and new friends.

Our playful sessions inspire you to step into the creative flow.

They deliver techniques for mastery and are taught in the context that 'everybody is an artist', meaning that everybody has the ability to imagine and dream. By activating right-brain thinking (known to happen during creative practice and meditation) we offer a space of contemplation with great moments to share and laugh.

Part of these creative practices can be tailored to engage employees out side of the office context.

TRUST PATHWAYS

*Root System Safety
&
Collective Openness*



Carve new pathways of trust together with your teams by going on adventures into games, exercises and collaborative challenges that require openness to find new talents and skills workmates may have that you never knew. Our trust games teach you, whether a manager or team leader or head of a company, to build resource kits that can be used over and over again in inspiring ways.

Learn how to enable more trust in celebrating supporters and enhances within the workplace.

Discover how others are appreciated rather than assuming what support others need. Peer into the minds of employees to see what they in fact need to feel more trust and bonding between them and others, for a successful engaged team.

On request we also arrange survival wilderness retreats for teams across Europe.

CORE LEARNING



CULTIVATE
SELF ESTEEM



DEVELOP
PERSEVERANCE



BUILD SAFE
FOUNDATIONS



GENERATE
MEANINGFUL
SUPPORT

One to One Coaching

We offer one to one (job) coaching with our Co-Founders who have had years of specialist training and experience.

Whether you are looking to get help on a specific topic, want to have mentorship in your projects or creative processes at work, or how your home environment can be improved for well-being and self-esteem, our facilitators work with both traditional and contemporary coaching techniques.

We offer in person coaching either in the workplace or a location of your choice. In addition we offer online support. Your personal coaching starts with with an in-depth interview of where you are at in your life currently and what has brought you to the present moment, followed by a rigorous program designed especially for your personal empowerment.

Our aim is to assess your needs and desires and see how we can help you by building a tailored program for your development and growth. These sessions can be booked as a one off or recurring for long-term support. Depending on your preference in language and coach, these sessions are available in both in English and Dutch.





Facilitation

Each of our wonderful facilitators comes with a deep knowledge of their field and experience in their work.

We work together with those who bring a unique perspective to their profession and who are in a continuous process of developing their own methodologies and strategies.

Our facilitators bring a wide range of content. From We-Flow practice, Authentic Relating and Circling, to Social Sculpture, Integrative Creative Practices and Embodiment.

We work closely with our facilitators to make sure that the material they bring is rooted in the needs, desires and goals of each company. This means they too tailor their sessions based on the interviews and consultations the Course Leads initially do with each organisation.

Mindfulness

Theory U

WeFlow

Teal Management

Embodiment

Inner/Outer
Implicit/Explicit

Financial Exchange

All large group tailor made courses include a 1-2 hour consultation to define what elements you are wishing to development within your company and staff. This may also include observational reflections based on time spent observing the connections and communications already happening within the workspace and meetings.

In addition we provide a qualitative follow-up to observe what changes have taken place for individuals and the company as a whole.

2 HOURLY COMMUNICATION TRAINING

€220 per person (Min. 10 people)

TEAM WORKSHOPS

From €275 per person

1 - 2 DAY TAILORED COURSES

€1750 | €2600 pp (5 -10 persons)

€1550 | €2350 pp (11 - 20 persons)

€1400 | €2250 pp (21 - 30 persons)

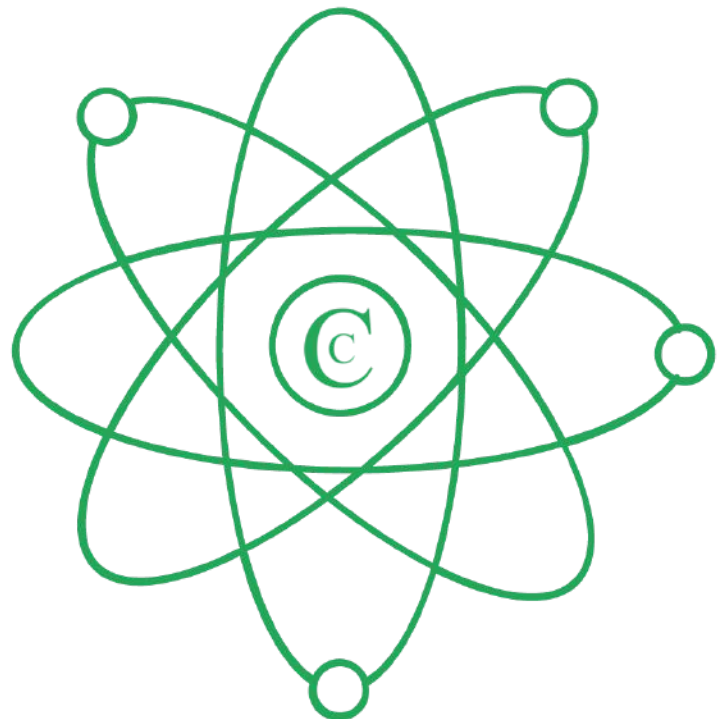
ONE TO ONE COACHING

€285

Intake Session (1.5 / 2 hrs)

€175

Follow Up Session (1 / 1.5 hrs)



Connect with us

Curious how we can improve your life at work?

Connect with us for more info and inquiries:

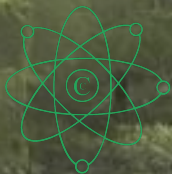
Info@ConnectiveCommunication.org

Nicole Caodie

+316 10 16 38 14

Wies Heiner

+316 51 54 91 58



CONNECTIVE COMMUNICATION

Knowledge Empowers - Working together from both the top down and bottom up approach



www.ConnectiveCommunication.org
info@connectivecommunication.org



UPLIFT - ENLIVEN - INSPIRE